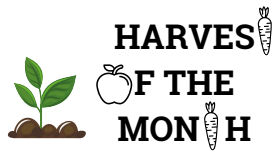




# november

2023



## Sweet Potatoes

### Fun Fact!

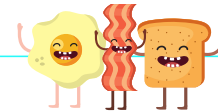
Sweet potatoes come in many different colors like orange, white, yellow, red and purple

### Meal Prices

	Breakfast	Lunch
Elementary (K-5) AV & CW	\$2.00	\$3.10
High School (9-12)	\$2.25	\$3.65
Adult Meals	\$3.50	\$4.50

CEP-Community Eligibility Provision-breakfast and lunch provided at no cost.

**This institution is an equal opportunity provider.**



**DON'T FORGET TO JOIN US DAILY FOR BREAKFAST AT YOUR SCHOOL!**

### Offered Daily

**Breakfast:** Fresh Fruit and 100% Fruit Juice

**Milk:** Fat Free Chocolate & White Milk, Soy Milk available for Breakfast and Lunch  
*Milk may be purchased for \$.50 to compliment meals from home.*

## CHILD NUTRITION INFORMATION CORNER



**Local Wellness Policy Meeting!**

**When: November 14th**

**Where: Child Nutrition Office**

**What: Where we discuss WVSD wellness within the school district!**



**FOLLOW US ON SOCIAL MEDIA!**



**ChildnutritionWVSD208**

### How to Make a Payment?

Deposit online, plus auto-payment options:

[www.myschoolbucks.com](http://www.myschoolbucks.com)

(call CN office for student I.D.) (509)-972-6040



# november

Secondary  
2023

Monday

Tuesday

Wednesday

Thursday

Friday



6 French Toast Sticks

♥ Chicken Pozole 🌾 🥛  
Pretzel & Cheese

13 Honey Bun  
Italian Dippers

20 French Toast Sticks

♥ Chicken Parm Sandwich 🥛  
Beef & Cheese Burrito 🥛

27 Honey Bun

Rib-B-Que Sandwich 🥛  
Chicken Drumstick & Waffle

7 Pancake & Sausage 🍳

Orange Chicken Bowl 🍳  
Pepperoni Rippers 🥛

14 Breakfast Burrito  
French Bread Pizza 🥛

21 Pancake & Sausage 🍳

♥ Spaghetti & Meatsauce 🍳 🥛  
🚲 Cheeseburger 🥛

28 Breakfast Burrito

♥ Beef Soft Taco 🥛  
Corn Dog 🍳

1 ♥ Blueberry Blast Bread 🍳  
♥ Chicken Pot Pie 🥛  
Chicken Nuggets 🍳 🥛  
🚲 Baked Sweet Potatoes

8 2 Hour Delay

♥ Popcorn Chicken Salad 🥛  
Mini Corn Dog 🍳  
🚲 Roasted Potatoes

15 Blueberry Blast Bread 🍳  
Chicken Strips 🍳 🥛  
🚲 Baked Sweet Potatoes

22   
No School

29 ♥ Blueberry Blast Bread 🍳  
♥ Chicken Pot Pie 🥛  
Chicken Nuggets 🍳 🥛  
🚲 Roasted Potatoes

2 Breakfast Pizza 🥛

♥ Cheese Zombie  
Chicken Sandwich 🍳 🥛

9 Breakfast Pizza 🥛

♥ Turkey Gravy & Potatoes 🥛  
Chicken Sandwich 🍳 🥛

16 Breakfast Pizza 🥛  
Chicken Sandwich 🍳 🥛

23   
Happy Thanksgiving

30 Breakfast Pizza 🥛

♥ Cheese Zombie  
Chicken Sandwich 🍳 🥛

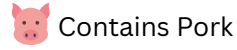
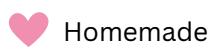
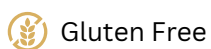
3 Pumpkin Scone 🥛

♥ Bean & Cheese Nachos 🥛  
Enchilada Empanada 🥛  
Raspberry Churros

10   
VETERANS DAY  
HONORING ALL WHO SERVED

17 Pumpkin Scone 🥛  
Corn Dog 🍳

24   
No School



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