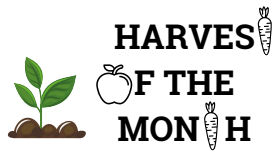




november

2023



Sweet Potatoes

Fun Fact!

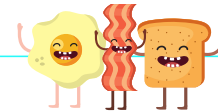
Sweet potatoes come in many different colors like orange, white, yellow, red and purple

Meal Prices

	Breakfast	Lunch
Elementary (K-5) AV & CW	\$2.00	\$3.10
High School (9-12)	\$2.25	\$3.65
Adult Meals	\$3.50	\$4.50

CEP-Community Eligibility Provision-breakfast and lunch provided at no cost.

This institution is an equal opportunity provider.



DON'T FORGET TO JOIN US DAILY FOR BREAKFAST AT YOUR SCHOOL!

Offered Daily

Breakfast: Fresh Fruit and 100% Fruit Juice

Milk: Fat Free Chocolate & White Milk, Soy Milk available for Breakfast and Lunch
Milk may be purchased for \$.50 to compliment meals from home.

CHILD NUTRITION INFORMATION CORNER



Local Wellness Policy Meeting!

When: November 14th

Where: Child Nutrition Office

What: Where we discuss WVSD wellness within the school district!



FOLLOW US ON SOCIAL MEDIA!



ChildnutritionWVSD208

How to Make a Payment?

Deposit online, plus auto-payment options:

www.myschoolbucks.com

(call CN office for student I.D.) (509)-972-6040



november

Elementary
2023

Monday



6 French Toast Sticks

♥ Pizza Bites
Pretzel & Cheese

13 Honey Bun
Italian Dippers

20 French Toast Sticks

♥ Chicken Parm Sandwich
Beef & Cheese Burrito

27 Honey Bun

Rib-B-Que Sandwich
Chicken Drumstick & Waffle

Tuesday

7 Breakfast Burrito

Orange Chicken Bowl
Pepperoni Rippers

14 Apple Cinnamon Scone
Pepperoni Pizza

21 Breakfast Burrito

♥ Spaghetti & Meatsauce
Hamburger

28 Apple Cinnamon Scone

♥ Beef Soft Taco
Corn Dog

Wednesday

1 ♥ Blueberry Blast Bread
♥ Chicken Pot Pie
Chicken Nuggets
 Baked Sweet Potatoes

8 2 Hour Delay

♥ Popcorn Chicken Salad
Mini Corn Dog
 Roasted Potatoes

15 Blueberry Blast Bread
Chicken Strips
 Baked Sweet Potatoes

22
No School

29 ♥ Blueberry Blast Bread
♥ Chicken Pot Pie
Chicken Nuggets
 Roasted Potatoes

Thursday

2 Breakfast Pizza

♥ Cheese Zombie
Chicken Sandwich

9 Breakfast Pizza

♥ Turkey Gravy & Potatoes
Chicken Sandwich

16 Breakfast Pizza
Chicken Sandwich

23
Happy Thanksgiving

30 Breakfast Pizza

♥ Cheese Zombie
Chicken Sandwich

Friday

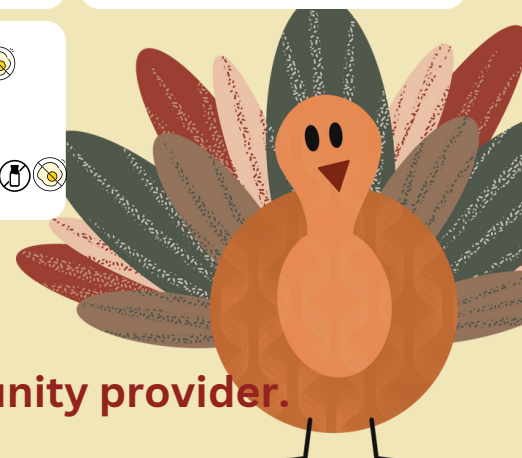
3 ♥ Chocolate Chip Muffin

♥ Bean & Cheese Nachos
Enchilada Empanada
Raspberry Churros

10
VETERANS DAY
HONORING ALL WHO SERVED

17 ♥ Chocolate Chip Muffin
Corn Dog

24
No School



Egg Free



Gluten Free



Homemade



Dairy Free



Local Produce



Contains Pork

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