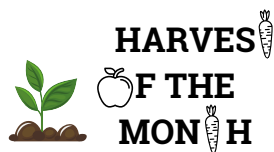




# January



2024



## BRUSSEL SPROUTS

### Fun Fact!

Brussels sprouts are named after the Belgian capital, Brussels, where they were cultivated in the 16th century.

FOLLOW US ON SOCIAL MEDIA!

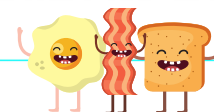


ChildnutritionWVSD208

### Meal Prices

	Breakfast	Lunch
Elementary (K-5) AV & CW	\$2.00	\$3.10
High School (9-12)	\$2.25	\$3.65
Adult Meals	\$3.50	\$4.50

This institution is an equal opportunity provider.



**DON'T FORGET TO JOIN US DAILY FOR BREAKFAST AT YOUR SCHOOL!**

Offered Daily

Breakfast: Fresh Fruit and 100% Fruit Juice

Milk: Fat Free Chocolate & White Milk, Soy Milk available for Breakfast and Lunch

*Milk may be purchased for \$.50 to compliment meals from home.*

## CHILD NUTRITION INFORMATION CORNER



### YOUNG CHEFS OF WEST VALLEY

JUNIOR CHEF COMPEITION

The Junior Chef Challenge in our school district is an exciting culinary competition where young chefs showcase creativity, teamwork, and passion by crafting delicious dishes with specified ingredients or themes.

**Additional Details Coming Soon!**

Don't forget to explore our local roasted vegetables available weekly for a flavorful and fresh culinary experience!



### How to Make a Payment?

Deposit online, plus auto-payment options:

[www.myschoolbucks.com](http://www.myschoolbucks.com)

(call CN office for student I.D.) (509)-972-6040



# January

2024  
Secondary

Monday

Tuesday

Wednesday

Thursday

Friday

1 **HAPPY new YEAR**

2 Pancake & Sausage 🍳  
♥ Spaghetti & Meatsauce 🍝 🍷  
Cheeseburger 🍔 🍷

3 French Toast Sticks  
♥ Chicken Caesar Salad  
Popcorn Chicken 🍗  
🥗 **Roasted Potatoes**

4 Breakfast Pizza 🍷  
♥ Tostado & Chips 🍷 🍷  
Chicken Sandwich 🍷 🍷

5 Breakfast Pocket  
♥ Hawaiian Poke Bowl  
French Bread Pizza 🍷

8 Honey Bun  
🥗 ♥ Beef Stroganoff  
Chicken Drumstick & Waffle

9 Breakfast Burrito  
♥ Beef Soft Taco 🍷  
Corn Dog 🍷

10 2 Hour Delay  
♥ Chicken Alfredo 🍷  
Chicken Nuggets 🍗 🍷  
🥗 **Roasted Brussel Sprouts**

11 Breakfast Pizza 🍷  
♥ Cheese Zombie  
Chicken Sandwich 🍷 🍷

12 Apple Cinnamon Scone 🍷  
♥ Cheesy Nachos 🍷  
Chicken Empanada 🍷

15   
MLK Jr. Day

16 

17 Blueberry Blast Bread 🍷  
♥ Popcorn Chicken Salad 🍷  
Mini Corn Dog 🍷

18 Breakfast Pizza 🍷  
Mini Cheese Calzones 🍷  
French Toast & Sausage

19 Breakfast Pocket  
♥ Turkey Gravy & Potatoes 🍷  
Chicken Sandwich 🍷 🍷

22 Honey Bun  
Beef Hot Dog 🍷 🍷  
Italian Dippers & Marinara

23 Breakfast Burrito  
♥ Macaroni & Cheese  
French Bread Pizza 🍷

24 Blueberry Blast Bread 🍷  
Lemongrass Chicken & Rice 🍷  
Chicken Strips 🍗 🍷  
🥗 **Roasted Brussel Sprouts**

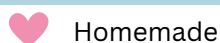
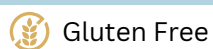
25 Breakfast Pizza 🍷  
♥ Cheese Zombie  
Chicken Sandwich 🍷 🍷

26 Apple Cinnamon Scone 🍷  
♥ Chicken Enchilada Casserole  
Corn Dog 🍷

29 French Toast Sticks  
♥ Chicken Parm Sandwich 🍷  
Beefy Cheese Burrito 🍷

30 Pancake & Sausage 🍳  
♥ Spaghetti & Meatsauce 🍝 🍷  
Cheeseburger 🍔 🍷

31 Blueberry Blast Bread  
♥ Chicken Caesar Salad  
Popcorn Chicken 🍗  
🥗 **Roasted Potatoes**



**We offer a Salad Bar daily to all students  
with a variety of fruit and vegetables.**

**This institution is an equal opportunity provider.**

