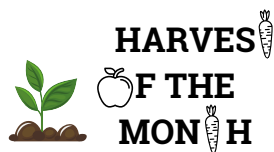




# January



2024



## BRUSSEL SPROUTS

### Fun Fact!

Brussels sprouts are named after the Belgian capital, Brussels, where they were cultivated in the 16th century.

FOLLOW US ON SOCIAL MEDIA!

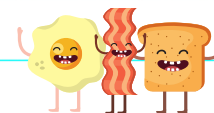


ChildnutritionWVSD208

### Meal Prices

	Breakfast	Lunch
Elementary (K-5) AV & CW	\$2.00	\$3.10
High School (9-12)	\$2.25	\$3.65
Adult Meals	\$3.50	\$4.50

This institution is an equal opportunity provider.



**DON'T FORGET TO JOIN US DAILY FOR BREAKFAST AT YOUR SCHOOL!**

Offered Daily

Breakfast: Fresh Fruit and 100% Fruit Juice

Milk: Fat Free Chocolate & White Milk, Soy Milk available for Breakfast and Lunch

*Milk may be purchased for \$.50 to compliment meals from home.*

## CHILD NUTRITION INFORMATION CORNER



### YOUNG CHEFS OF WEST VALLEY

JUNIOR CHEF COMPEITION

The Junior Chef Challenge in our school district is an exciting culinary competition where young chefs showcase creativity, teamwork, and passion by crafting delicious dishes with specified ingredients or themes.

**Additional Details Coming Soon!**

Don't forget to explore our local roasted vegetables available weekly for a flavorful and fresh culinary experience!

### How to Make a Payment?

Deposit online, plus auto-payment options:

[www.myschoolbucks.com](http://www.myschoolbucks.com)

(call CN office for student I.D.) (509)-972-6040



# January

2024  
Elementary

Monday

Tuesday

Wednesday

Thursday

Friday

1 **HAPPY  
new  
YEAR**

2 Apple Cinnamon Scone  
♥ Spaghetti & Meatsauce  
Hamburger

3 French Toast Sticks  
♥ Chicken Salad  
Popcorn Chicken  
Roasted Potatoes

4 Breakfast Pizza  
♥ Tostado & Chips  
Chicken Sandwich

5 ♥ Cinnamon Bread  
Fish Sticks & Fries  
French Bread Pizza

8 Honey Bun  
♥ Beef Stroganoff  
Chicken Drumstick & Waffle

9 Breakfast Burrito  
Beef Soft Taco  
Corn Dog

10 2 Hour Delay  
♥ Chicken Alfredo  
Chicken Nuggets  
Roasted Brussel Sprouts

11 Breakfast Pizza  
♥ Cheese Zombie  
Chicken Sandwich

12 ♥ Choc Chip Muffin  
♥ Cheesy Nachos  
Chicken Empanada

15   
MLK Jr. Day

16   
NO  
SCHOOL

17 Blueberry Blast Bread  
♥ Popcorn Chicken Salad  
Mini Corn Dog

18 Breakfast Pizza  
Mini Cheese Calzones  
French Toast & Sausage

19 ♥ Cinnamon Bread  
♥ Turkey Gravy & Potatoes  
Chicken Sandwich

22 Honey Bun  
Beef Hot Dog  
Italian Dippers & Marinara

23 Breakfast Burrito  
♥ Macaroni & Cheese  
French Bread Pizza

24 Blueberry Blast Bread  
Lemongrass Chicken & Rice  
Chicken Strips  
Roasted Brussel Sprouts

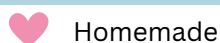
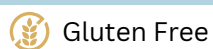
25 Breakfast Pizza  
♥ Cheese Zombie  
Chicken Sandwich

26 ♥ Choc Chip Muffin  
♥ Chicken Enchilada Casserole  
Corn Dog

29 French Toast Sticks  
♥ Chicken Parm Sandwich  
Beefy Cheese Burrito

30 Apple Cinnamon Scone  
♥ Spaghetti & Meatsauce  
Hamburger

31 Blueberry Blast Bread  
♥ Chicken Salad  
Popcorn Chicken  
Roasted Potatoes



We offer a Salad Bar daily to all students  
with a variety of fruit and vegetables.

This institution is an equal opportunity provider.

