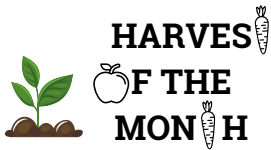




# DECEMBER

2023



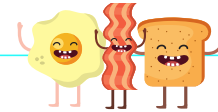
## WINTER SQUASH

### Fun Fact!

The name "winter squash" comes from the skin that hardens into a tough rind, which helps withstand the winter months

### Meal Prices

	Breakfast	Lunch
Elementary (K-5) AV & CW	\$2.00	\$3.10
High School (9-12)	\$2.25	\$3.65
Adult Meals	\$3.50	\$4.50



**DON'T FORGET TO JOIN US DAILY FOR BREAKFAST AT YOUR SCHOOL!**

Offered Daily

Breakfast: Fresh Fruit and 100% Fruit Juice

Milk: Fat Free Chocolate & White Milk, Soy Milk available for Breakfast and Lunch

*Milk may be purchased for \$.50 to compliment meals from home.*

## CHILD NUTRITION INFORMATION CORNER



COMING SOON...

**YOUNG CHEFS OF WEST VALLEY**  
Junior Chef Competition



**HAPPY HOLIDAYS FROM  
CHILD NUTRITION!**



**FOLLOW US ON SOCIAL MEDIA!**



**ChildnutritionWVSD208**

**How to Make a Payment?**

Deposit online, plus auto-payment options:

[www.myschoolbucks.com](http://www.myschoolbucks.com)

(call CN office for student I.D.) (509)-972-6040

**This institution is an equal opportunity provider.**



# DECEMBER

2023

Secondary

Monday

Tuesday

Wednesday

Thursday

Friday



Egg Free



Gluten Free



Homemade



Dairy Free



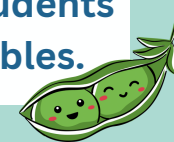
Local Produce



Contains Pork



We offer a Salad Bar daily to all students with a variety of fruit and vegetables.



1

Pumpkin Scone

♥ Cheese Nachos   
Chicken Empanada

4

French Toast Sticks

♥ Chicken Pozole & Chips   
Pretzel & Cheese

5

Pancake & Sausage

Orange Chicken Bowl   
Pepperoni Rippers

6

Blueberry Blast Bread

♥ Popcorn Chicken Salad   
Mini Corn Dogs

7

Breakfast Pizza

♥ Turkey Gravy & Potatoes   
Chicken Sandwich

8

Bagel & Cream Cheese   
Green Chili Tamale   
Spicy Chicken Sandwich   
Roasted Winter Blend

11

Honey Bun

Beef Hot Dog   
Italian Dippers & Marinara

12

Breakfast Burrito

♥ Macaroni & Cheese  
French Bread Pizza

13

2 Hour Delay

♥ Chicken Teriyaki Bowl   
Chicken Strips

14

Breakfast Pizza

♥ Cheese Zombie  
Chicken Sandwich

15

Pumpkin Scone

♥ Chicken Enchilada Casserole   
Corn Dog   
Roasted Winter Blend

18

19

20

21

22

WINTER BREAK

25

26

27

28

29

WINTER BREAK

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