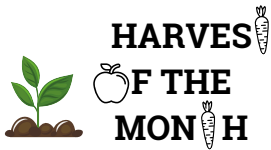




# DECEMBER

2023



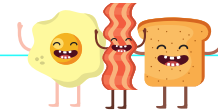
## WINTER SQUASH

### Fun Fact!

The name "winter squash" comes from the skin that hardens into a tough rind, which helps withstand the winter months

### Meal Prices

	Breakfast	Lunch
Elementary (K-5) AV & CW	\$2.00	\$3.10
High School (9-12)	\$2.25	\$3.65
Adult Meals	\$3.50	\$4.50



**DON'T FORGET TO JOIN US DAILY FOR BREAKFAST AT YOUR SCHOOL!**

Offered Daily

Breakfast: Fresh Fruit and 100% Fruit Juice

Milk: Fat Free Chocolate & White Milk, Soy Milk available for Breakfast and Lunch

*Milk may be purchased for \$.50 to compliment meals from home.*

## CHILD NUTRITION INFORMATION CORNER



COMING SOON...

**YOUNG CHEFS OF WEST VALLEY  
Junior Chef Competition**



**HAPPY HOLIDAYS FROM  
CHILD NUTRITION!**



**FOLLOW US ON SOCIAL MEDIA!**



**ChildnutritionWVSD208**

**How to Make a Payment?**

Deposit online, plus auto-payment options:

[www.myschoolbucks.com](http://www.myschoolbucks.com)

(call CN office for student I.D.) (509)-972-6040

**This institution is an equal opportunity provider.**



# DECEMBER • Elementary

2023

Monday

Tuesday

Wednesday

Thursday

Friday



Egg Free



Gluten Free



Homemade



Dairy Free



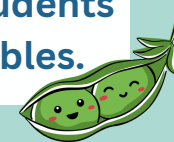
Local Produce



Contains Pork



We offer a Salad Bar daily to all students with a variety of fruit and vegetables.



Chocolate Chip Muffin

Cheese Nachos  
Chicken Empanada

4 French Toast Sticks

Pizza Bites  
Pretzel & Cheese

5 Dutch Waffle

Orange Chicken Bowl  
Pepperoni Rippers

6 Blueberry Blast Bread

Popcorn Chicken Salad  
Mini Corn Dogs

7 Breakfast Pizza

Turkey Gravy & Potatoes  
Chicken Sandwich

8 Cinnamon Bread  
Green Chili Tamale  
Chicken Nuggets  
Roasted Winter Blend

11 Honey Bun

Beef Hot Dog  
Italian Dippers & Marinara

12 Breakfast Burrito

Macaroni & Cheese  
Pepperoni Pizza

13 2 Hour Delay

Chicken Teriyaki Bowl  
Chicken Strips

14 Breakfast Pizza

Cheese Zombie  
Chicken Sandwich

15 Chocolate Chip Muffin  
Chicken Enchilada Casserole  
Corn Dog  
Roasted Winter Blend

18

19

20

21

22

WINTER BREAK

25

26

27

28

29

WINTER BREAK

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