

Self-Administration of Asthma and Anaphylaxis Medications

- I. Students with asthma are authorized, in consultation with the school nurse, to possess and self-administer medication for asthma or anaphylaxis during the school day, during school sponsored events or while traveling to and from school or school sponsored activities. The student shall be authorized to possess and self-administer medication if the following conditions are met:
 - II.
 - A. The parent or guardian must submit a written request for the student to self-administer
 - B. medication(s) for asthma or anaphylaxis;
 - C. A health care practitioner has prescribed the medication for use by the student during school hours and the student has received instructions in the correct and responsible way to use the medication(s);
 - D. The student demonstrates to the health care practitioner and the school nurse the skill necessary to use the medication and to use the device necessary to administer the medication;
 - E. The health care practitioner provides a written treatment plan for managing the asthma or anaphylaxis episodes of the student and for use of medication during school hours. The written treatment plan should include name and dosage of the medication, frequency with which it may be administered, possible side effects and the circumstances that warrant its use;
 - F. The parent or guardian must sign a statement acknowledging that the district shall incur no liability as a result of any injury arising from the self-administration of medication by the student and that the parents or guardians shall indemnify and hold harmless the district and its employees or agents against any claims arising out of the self-administration of medication by the student.
- II. The authorization to self-medicate will be valid for the current school year only. The parent or guardian must renew the authorization each school year.
- III. In the event of an asthma or anaphylaxis emergency, the district shall have the following easily accessible:
 - A. The student's written treatment plan;
 - B. The parent/guardian written request that the student self-medicate; and
 - C. The parent/guardian signed release of liability form.
- IV. Backup medication, if provided by the parent or guardian, shall be kept at a location in the school to which the student has immediate access in the event of an asthma or anaphylaxis emergency.
- V. A student's authorization to possess and self-administer medication for asthma or anaphylaxis may be limited or revoked by the building principal after consultation with the school nurse and the student's parents or guardian if the student demonstrates an inability to responsibly possess and self-administer such medication.

Emergency Procedures for students with Asthma or Anaphylaxis

In the event of an asthma or anaphylactic episode, school staff shall follow the procedures outlined in the student's emergency care plan. In the emergency care plan for students with asthma, the emergency procedures shall be based on the AMES Asthma Management in Educational Settings

guidelines. In the emergency care plan for students with anaphylaxis, the emergency procedures shall be based on Guidelines for the Care of Students with Anaphylaxis published by the Office of the Superintendent of Public Instruction.

The following procedures shall be followed for a life-threatening episode:

TEACHER OR SUPERVISING ADULT

1. Notify the office immediately.
2. Issue appropriate emergency procedure to ensure that students are not unnecessarily exposed to trauma in the classroom (if necessary, have students clear the room). Notify buddy room of the emergency.
3. Remain calm and reassure students that all possible actions are being taken to care for the injured or ill person and to protect others.
4. Rejoin your students as soon as possible (do not leave injured person unattended).
5. Account for all students and remain with them until contacted.

ADMINISTRATIVE AND SUPPORT STAFF

- ✓ Call 911 (with school name, street address, room number and brief description of problem) and the Central Admin. Office, 972-6029.

The Central Administration Office will contact any other support required.

Send available personnel outside to greet and direct emergency personnel.

- ✓ Send first aid certified staff person with first-aid kit to problem location immediately. If possible, refer to the Medical Assessment Procedure to analyze the severity of the condition.
- ✓ Contact the school nurse assigned to your school.
- ✓ Call family members of the injured student or staff member.
- ✓ Ensure that students have adult supervision.
- ✓ Contact your school counselor.
- ✓ Coordinate for post-trauma assistance with appropriate person or department.
- ✓ Refer all media inquiries to the Central Administration Office, 972-6029.

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