Restraint, Isolation and Other Uses of Reasonable Force

It is the policy of the West Valley Board of Directors that the district maintains a safe learning environment while treating all students with dignity and respect. All students in the district, including those who have an individualized education program (IEP) or plan developed under section 504 of the Rehabilitation Act of 1973, will remain free from unreasonable restraint, restraint devices, isolation, and other uses of physical force. Under no circumstances will these techniques be used as a form of discipline or punishment.

This policy is intended to address district students. It is not intended to prevent or limit the use of restraint or other reasonable force as necessary with adults or other youth from outside the district as allowed by law.

Use of restraint, isolation, and other forms of reasonable force may be used on any student when reasonably necessary to control spontaneous behavior that poses an “imminent likelihood of serious harm” as defined by RCW 71.05.020 and Chapter 392-172A WAC and explained in the procedure accompanying this policy. Serious harm includes physical harm to self, another, or district property. Staff will closely monitor such actions to prevent harm to the student and will use the minimum amount of restraint and isolation appropriate to protect the safety of students and staff. The restraint, isolation, and other forms of reasonable force will be discontinued when the likelihood of serious harm has dissipated.

The superintendent or a designee will develop procedures to implement this policy, including review, reporting and parent/guardian notification of incidents involving restraint or isolation as required by law. Additionally, the superintendent will annually report to the board on incidents involving the use of force.

Cross References: Policy 2161 Special Education and Related Services for Eligible Students Policy 2162 Education of Students with Disabilities under Section 504 of the Rehabilitation Act of 1973

Legal References: RCW 9A.16.020 Use of Force — When lawful RCW 9A.16.100 Use of Force on Children — Policy Actions presumed unreasonable RCW 28A.150.300 Corporal Punishment Prohibited RCW 28A.155.210 Use of restraint or isolation - Requirements for procedures to notify parent or guardian RCW 28A.600.485 Restraint of students with individualized education programs or plans developed under section 504 of the rehabilitation act of 1973—Procedures—Summary of incidents of isolation or restraint—Publishing to web site. [as amended by SHB 1240] RCW 70.96B.010 Definitions Chapter 392-172A WAC - Rules for the provision of special education
WAC 392-400-235  Discipline - Conditions and limitations

Management Resources:
- Policy and Legal News, December 2021  Policy Alert
- Policy and Legal News, March 2016  Policy Alert
- Policy and Legal News, July 2015  Policy Alert
- Policy and Legal News, December 2013  WSSDA issues new policy specific to isolation and restraint of students with IEPs and Section 504 plans
- Policy and Legal News, July 2013  Use of Reasonable Force Policy retitled, revised to include new reporting requirement pursuant to ESSB 1688
- Policy News, December 2008  Use of Reasonable Force Policy

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