



# May



**HARVEST OF THE MONTH**

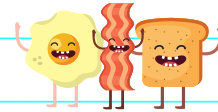
## ROASTED ASPARAGUS

### Fun Fact!

Asparagus grows incredibly fast! During peak season, it can shoot up as much as 10 inches in just one day. Typically, it takes about three days for a single stalk of asparagus to reach its full size.

### FOLLOW US ON SOCIAL MEDIA!

**ChildnutritionWVSD208**



**DON'T FORGET TO JOIN US DAILY FOR BREAKFAST AT YOUR SCHOOL!**

### OFFERED DAILY AT BREAKFAST SERVICE

Breakfast: Fresh Fruit and 100% Fruit Juice

Milk: Fat Free Chocolate & White Milk, Soy Milk available for Breakfast and Lunch

*\*\*\*Milk may be purchased for \$.50 to compliment meals from home.*

### Meal Prices

	Breakfast	Lunch
Elementary (K-5) AV & CW	\$2.00	\$3.10
High School (9-12)	\$2.25	\$3.65
Adult Meals	\$3.50	\$4.50

### How to Make a Payment?

Deposit online, plus auto-payment options: [www.myschoolbucks.com](http://www.myschoolbucks.com)  
(Call CN office for student I.D.) (509) 972-6040

**This institution is an equal opportunity provider.**

## Child Nutrition Information Center!



**Receive \$120 for each eligible child!**

### WHO QUALIFIES?

Students who qualify for any of the following:

- Qualifying Family Income Survey
- Qualifying Free & Reduced Meal Application
- Basic Food, TANF, Homeless, Foster, Migrant, Medicaid



### FOOD ALLERGY AWARENESS WEEK MAY 12TH - 18TH

- Over 33 million Americans have a serious and potentially life-threatening food allergy.
- Every 10 seconds, food allergy sends a patient to the emergency room.



# May

Secondary  
2024



Monday

Tuesday

Wednesday

Thursday

Friday

6 **Honey Bun**  
Meatball Sandwich  
Chicken Drumstick & Waffle

7 **Breakfast Burrito**  
Beef Soft Taco  
Corn Dog

13 **French Toast Sticks**  
Chicken Posole  
Mozzarella Bites

14 **Pancake Sausage**  
Orange Chicken  
Cheeseburger

20 **Honey Bun**  
Rib-B-Q Sandwich  
Italian Dippers

21 **Breakfast Burrito**  
Macaroni & Cheese  
Pepperoni Rippers  
Roasted Asparagus

27 **MEMORIAL DAY**

28 **Pancake Sausage**  
Spaghetti & Meatsauce  
Cheeseburger

1 **Choc Chip Pancake**  
Chicken Caesar Salad  
Popcorn Chicken

8 **2 Hour Delay**  
Chicken Nuggets

**National Chocolate Chip Day!**  
15 **Choc Chip Pancake**  
Popcorn Chicken Salad  
Mini Corn Dogs  
Roasted Potatoes  
Chocolate Chip Cookie

22 **Blueberry Blast Bread**  
Chicken Teriyaki  
Chicken Strips

29 **Choc Chip Pancake**  
Chef Salad  
Popcorn Chicken

2 **Breakfast Pizza**  
Chicken Alfredo  
Chicken Sandwich

9 **Breakfast Pizza**  
Cheese Zombie  
Chicken Sandwich

16 **Breakfast Pizza**  
Turkey Gravy & Potatoes  
Chicken Sandwich

23 **Breakfast Pizza**  
Cheese Zombies  
Chicken Sandwich  
Fresh Cantaloupe

30 **Breakfast Pizza**  
Tostado & Chips  
Chicken Sandwich  
Fresh Strawberries

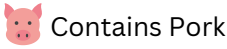
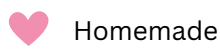
3 **Pineapple Flip Bread**  
Cheesy Nachos  
Chicken Empanada  
Roasted Street Corn

10 **Mini Waffles & Sausage**  
JH/MS- Hawaiian Poke Bowl  
HS/IC - Salmon Sushi Bowl  
French Bread Pizza  
Roasted Asparagus

17 **Pineapple Flip Bread**  
Green Chili & Cheese Tamale  
Spicy Chicken Sandwich

24 **Mini Waffles & Sausage**  
Chicken Enchilada Casserole  
Corn Dog

31 **French Toast Sticks**  
JH/MS- Hawaiian Poke Bowl  
HS/IC - Salmon Sushi Bowl  
French Bread Pizza  
Chocolate Chip Cookie



We offer a variety of fruits and vegetables on our salad bar daily

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