



May



HARVEST OF THE MONTH

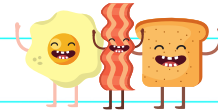
ROASTED ASPARAGUS

Fun Fact!

Asparagus grows incredibly fast! During peak season, it can shoot up as much as 10 inches in just one day. Typically, it takes about three days for a single stalk of asparagus to reach its full size.

FOLLOW US ON SOCIAL MEDIA!

ChildnutritionWVSD208



DON'T FORGET TO JOIN US DAILY FOR BREAKFAST AT YOUR SCHOOL!

OFFERED DAILY AT BREAKFAST SERVICE

Breakfast: Fresh Fruit and 100% Fruit Juice

Milk: Fat Free Chocolate & White Milk, Soy Milk available for Breakfast and Lunch

****Milk may be purchased for \$.50 to compliment meals from home.*

Meal Prices

	Breakfast	Lunch
Elementary (K-5) AV & CW	\$2.00	\$3.10
High School (9-12)	\$2.25	\$3.65
Adult Meals	\$3.50	\$4.50

How to Make a Payment?

Deposit online, plus auto-payment options: www.myschoolbucks.com
(Call CN office for student I.D.) (509) 972-6040

This institution is an equal opportunity provider.

Child Nutrition Information Center!



Receive \$120 for each eligible child!

WHO QUALIFIES?

Students who qualify for any of the following:

- Qualifying Family Income Survey
- Qualifying Free & Reduced Meal Application
- Basic Food, TANF, Homeless, Foster, Migrant, Medicaid



FOOD ALLERGY AWARENESS WEEK

MAY 12TH - 18TH

- Over 33 million Americans have a serious and potentially life-threatening food allergy.
- Every 10 seconds, food allergy sends a patient to the emergency room.



MAY

Elementary
2024



Monday

Tuesday

Wednesday

Thursday

Friday

6 **Honey Bun**
Meatball Sandwich
Chicken Drumstick & Waffle

7 **Breakfast Burrito**
Beef Soft Taco
Corn Dog

8 **2 Hour Delay**
Chicken Nuggets

9 **Breakfast Pizza**
Cheese Zombie
Chicken Sandwich

10 **Mini Waffles & Sausage**
Fish Sticks & Fries
French Bread Pizza
Roasted Asparagus

13 **French Toast Sticks**
Pizza Bites
Mozzarella Bites

14 **Pancake Sausage**
Orange Chicken
Hamburger

National Chocolate Chip Day!
15 **Choc Chip Pancake**
Popcorn Chicken Salad
Mini Corn Dogs
Roasted Potatoes
Chocolate Chip Cookie

16 **Breakfast Pizza**
Turkey Gravy & Potatoes
Chicken Sandwich

17 **Pineapple Flip Bread**
Green Chili & Cheese Tamale
Chicken Poppers

20 **Honey Bun**
Rib-B-Q Sandwich
Italian Dippers

21 **Breakfast Burrito**
Macaroni & Cheese
Pepperoni Rippers
Roasted Asparagus

22 **Blueberry Blast Bread**
Chicken Teriyaki
Chicken Strips

23 **Breakfast Pizza**
Cheese Zombies
Chicken Sandwich
Fresh Cantaloupe

24 **Mini Waffles & Sausage**
Chicken Enchilada Casserole
Corn Dog

27 **MEMORIAL DAY**

28 **Pancake Sausage**
Spaghetti & Meatsauce
Hamburger

29 **Choc Chip Pancake**
Chef Salad
Popcorn Chicken

30 **Breakfast Pizza**
Tostado & Chips
Chicken Sandwich
Fresh Strawberries

31 **French Toast Sticks**
Fish Sticks & Fries
French Bread Pizza
Chocolate Chip Cookie

- Egg Free
- Gluten Free
- Homemade
- Dairy Free
- Local Produce
- Contains Pork

We offer a variety of fruits and vegetables on our salad bar daily

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