

Online deposits available: go to www.mynutrikids.com
 (Call CN office for student I.D.)
 972-6040 or 972-6048

August 2009 West Valley Secondary Menu



Use Visa/MasterCard for student lunch accounts -
 Call before 10:00 a.m. for same day deposits
 972-6040 or 972-6048

Monday	Tuesday	Wednesday	Thursday	Friday
24) Welcome Back	25) Breakfast Pizza Spicy Chickenwich Burrito <i>Choice of:</i> salad, carrot sticks, apple, crackers, fruit snacks	26) Pancake on a Stick Cheeseburger Chicken Drumsticks <i>Choice of:</i> salad, burger fixins, potato wedges, fruit bowl, grapes	27) Breakfast Pizza Rib-B-Q Hoagie Pizza Sticks w/ Sauce <i>Choice of:</i> salad, cucumbers, Mandarin oranges, apple, strawberry ice pop	28) French Toast Sticks Sloppy Joe Chicken Nuggets <i>Choice of:</i> salad, peppers, peaches, fresh melon, chocolate chip cookie

*WV meals meet/exceed USDA requirements for iron, calcium, vitamin A, vitamin C, calories, protein, <30% calories from fat, and <10% calories from saturated fat

8oz milk served with meals

Daily Breakfast choices: Yogurt Parfait, Bagel & Cream Cheese, Variety Homemade Muffins, Homemade Cinnamon Rolls, Pop Tarts, Cereal, Juice, Fresh Fruit

Daily Lunch choices: Sandwich Bar, Pizza

WVSD is an Equal Opportunity Provider and Employer

Menu subject to change

Important: to help make lunchtime run as smoothly as possible the first week of school, please deposit money into your child's account prior to the beginning of school.

Credit Card Deposit Options for 2009-2010

- **Online Deposits** -- go to www.wvsd208.org (located under Family/Community - Lunch Menu) or www.mynutrikids.com. Allow 24 hours to process your credit card deposit; **BEWARE:** Pay Pal transactions take 5-7 business days to process. You will need your child's 7-digit I.D. number to register online. The Child Nutrition office will help with any needed information: 972-6040 or 972-6048.
- **Call-In Visa/MasterCard Deposits** -- the Child Nutrition office will begin taking deposits starting Monday, August 17th. There is a minimum \$20.00 deposit per child. Once school starts, **10:00 a.m. is the daily Call-In Deadline.**
- **Auto Visa/MasterCard** -- Never worry about forgetting to put money on a child's account: by filling out an auto Visa form and providing a current Visa/MasterCard number, the Child Nutrition office will automatically refill a student's account each time it gets low with a designated amount (determined by the parent). **A new form is required every year**, and can be found on the District's website, or we will be happy to mail you a new form.