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Online deposits available: go to www.mynutrikids.com
(Call CN office for student I.D.)
972-6040 or 972-6048

Monday	Tuesday	Wednesday	Thursday	Friday
31) Muffin, Cheese Stick, Fruit Bowl Pizza Pita Bites Burrito <i>Choice of:</i> salad, carrots, peaches, fruit bowl, cinnamon bread	1) Breakfast Pizza, Fruit Bowl Spaghetti w/ Meat sauce Mini Corn Dogs <i>Choice of:</i> salad, carrots, apple, pineapple, Ice juicee	2) Cinnamon Roll, Cheese, Fruit Bowl Cheese Zombie Stuffed Crust Pizza <i>Choice of:</i> salad, tomato soup, kiwi, oranges, fruit snacks	3) Yogurt, Granola, Fruit Bowl Mandarin Chicken Salad Chickenwich <i>Choice of:</i> salad, cucumbers, homemade roll, grapes, apple	4) Muffin, Cheese Stick, Fruit Bowl Soft Taco Cheeseburger <i>Choice of:</i> salad, burger fixins, confetti fries, fruit bowl, oranges
7) No School Labor Day	8) Breakfast Pizza, Fruit Bowl Turkey Sub Sandwich Peanut Butter & Jelly Uncrustable <i>Choice of:</i> carrot sticks, apple, cheese stick, crackers	9) Cinnamon Roll, Cheese, Fruit Bowl Teriyaki Dippers Rice Bowl Chickenwich <i>Choice of:</i> salad, cucumbers, Asian vegetables, fresh pineapple, fortune cookies	10) Yogurt, Granola, Fruit Bowl Pretzel w/ Cheese Sauce Soft Taco <i>Choice of:</i> omelet, salsa, potato wedges, grapes, sliced cinnamon apples	11) Muffin, Cheese Stick, Fruit Bowl Sloppy Joe Chicken Nuggets <i>Choice of:</i> salad, carrots, pears, kiwi, chocolate chip cookie
14) Muffin, Cheese Stick, Fruit Bowl Lite Hot Dogs Chicken Soft Taco <i>Choice of:</i> salad, carrots, mixed fruit, fruit bowl, cinnamon animal crackers	15) Breakfast Pizza, Fruit Bowl Teriyaki Chicken Rice Bowl Burrito <i>Choice of:</i> salad, cucumbers, Asian vegetables, fresh pineapple, fortune cookie	16) Cinnamon Roll, Cheese, Fruit Bowl Cheese Zombie Stuffed Crust Pizza <i>Choice of:</i> salad, tomato soup, veggie sticks, rosy applesauce, kiwi	17) Yogurt, Granola, Fruit Bowl Chef Salad Tostado <i>Choice of:</i> salad, cucumbers, homemade roll, peaches, apple	18) Muffin, Cheese Stick, Fruit Bowl Baked Potato w/ Cheese Sauce Cheeseburger <i>Choice of:</i> salad, broccoli, fruit bowl, cinnamon pears, crackers
21) Muffin, Cheese Stick, Fruit Bowl Pizza Sticks w/ Sauce Rib-B-Q Hoagie <i>Choice of:</i> salad, carrots, fruit bowl, Mandarin oranges, chocolate chip cookie	22) Breakfast Pizza, Fruit Bowl Ham & Cheese Zombie Hamburger <i>Choice of:</i> salad, burger fixins, tomato soup, apple, fresh pear	23) Cinnamon Roll, Cheese, Fruit Bowl Lunch Bites Pizza <i>Choice of:</i> salad, cucumber, peaches, banana, fruit snacks	24) Yogurt, Granola, Fruit Bowl Chicken Caesar Salad Chicken Drumsticks <i>Choice of:</i> salad, tomatoes, homemade roll, apple, grapes	25) Muffin, Cheese Stick, Fruit Bowl Turkey Gravy & Potatoes Chickenwich <i>Choice of:</i> salad, green beans, homemade roll, fruit bowl, fudgesicle
28) Muffin, Cheese Stick, Fruit Bowl No School	29) Breakfast Pizza, Fruit Bowl Turkey Sub Sandwich Peanut Butter & Jelly Uncrustable <i>Choice of:</i> carrot sticks, apple, cheese stick, crackers	30) Cinnamon Roll, Cheese, Fruit Bowl Cheese Zombie Stuffed Crust Pizza <i>Choice of:</i> salad, tomato soup, kiwi, oranges, fruit snacks		

*WV meals meet/exceed USDA requirements for iron, calcium, vitamin A, vitamin C, calories, protein, <30% calories from fat, and <10% calories from saturated fat

8oz milk served with meals

Breakfast Served at Ahtanum, Mountainview, Summitview & Wide Hollow - Cold Cereal Available at Breakfast Everyday

Menu subject to change

WVSD is an Equal Opportunity Provider and Employer